

Little City Foundation

Policies & Procedures

Subject: CHILDBRIDGE – TRAUMA-INFORMED CARE Policy # CB 22					
Approved:	Sham	E. James	Issued: 03/20	Revised:	Page: 1 of 2
operates in rela	tion to pri	nciples of tra		to outline the standards by are and the methods in which ants.	
			132 and Part 14 Adoption progra	40 Community Mental Hea m.	lth Services
	Abuse & N	Mental Health		d care to all participants and istration's (SAMHSA) six ke	
 Safety Trustworthing Peer Support Collaboration Empowerm Cultural, History 	rt on and Mu ent, Voice	ituality e and Choice			
			vices utilizes the	ne evidence-based and tra ework.	uma-informed
PROCEDUR:	<u>E</u>				
The ARC mod been affected b		-		ing with youth who have ex	perienced and
ARC's primary	goals:				
• Supporting physiologic	youth in al respons	their ability ses and exper e developme	riences;	egivers; erstand, tolerate and shift e es that may have been derai	

Little City Foster Care and Adoption uses a house to symbolize the twelve parts of ARC. It requires a strong foundation of engagement, psychoeducation, and structure. Furthermore, the house is built from the foundation upwards in a sequential manner that parallels

neurodevelopment. The "upstairs" of the house relies on higher-level brain capacities such as executive functioning.

All clinical staff shall receive some level of training in the ARC framework and training will continue to be provided on an on-going basis. Trained clinical staff will provide department-wide training in the ARC framework and incorporate it into a variety of service areas outside of clinical, including Little City Foster Care Orientation, Pre-Service Training, and Foster Parent Trauma Training.

Little City will also work diligently to create an office environment that is reflective of traumainformed care and ensures the psychological and emotional safety of employees and the population being served, including (but not limited to) the following:

- Presence of a playroom with comfortable seating and toys for a variety of developmental ages and stages,
- Sensory tools and supports
- Live plants located throughout the office to promote connectedness to the natural world,
- Signs posted throughout the office affirming that it is a safe space,
- Availability of private rooms with natural lighting,
- Adjustable thermostats throughout the office,
- Confidential information kept from view of those in waiting areas,
- Signs displaying the ARC House, demonstrating the agency's use of this trauma-informed framework.

In addition, Little City Foster Care maintains the Human Rights Campaign's (HRC) All Children, All Families Seal of Recognition that demonstrates the cultural competency in work with LGBTQ clients and families. The HRC seal is displayed throughout the Chicago office.

Weekly multi-disciplinary program management meetings, bi-weekly clinical meetings, and monthly all-staff meetings additionally provide a space for employees to discuss further ways to create a space that promotes inclusion and belonging. Semi-annual client satisfaction surveys provide opportunities for participant feedback on ways to continue developing trauma-informed care.